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# I Think, Therefore I Plan: Mastering The Methods And Meditations Of Project Management

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THEREFORE I PLAN



MASTERING THE METHODS  
AND MEDITATIONS OF  
PROJECT MANAGEMENT

DON KIM



## **Synopsis**

Maybe you took the PMP® or are studying for it and are still bewildered? What is this thing called project management that I have to do and WHY is it worth it? This is a philosophical question and in general, people in the field don't really answer it. Is it worthwhile to discuss the philosophy of project management? Absolutely! Then why are there so few, if any, books out there that discuss this topic in detail? The problem is that in modern project management, the approach taken to articulating its discipline, practices and theoretical framework has been dominated from the methodological perspective. In other words, the only question really asked is the "how" (or which method to use) of project management, which has caused the field to be narrowly focused on how to use methods, processes and tools, and not enough on the deep philosophical thinking, acquisition of tacit knowledge and development of emotional intelligence (EQ) skills that are critical for successfully utilizing those methods in an efficient and effective manner. Therefore, I will argue that you need to master not only the "how" (methods) of managing projects, but the "why" (meditations) as well. And by meditation, I'm not referring to the popular notion of sitting with legs crossed, palms turned upward, eyes closed and chanting positive thoughts, but as the Merriam-Webster dictionary defines as a means "to engage in contemplation or reflection: focus one's thoughts on something so as to understand it deeply". In other words, it's a form of conscious meditative mindfulness that will allow you to act decisively and effectively AND to understand deeply, the reasoning for that action. This book will discuss how the methods and meditation practices work hand in hand to allow one to obtain mastery in project management. This book fulfills this need like no other in the industry!

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## Customer Reviews

I was fortunate enough to take Don's class that utilizes this book in its teachings. "I Think, Therefore I Plan: Mastering the Methods and Meditations of Project Management" is a comprehensive and informative book that focuses on all the major elements of project management. Don provides a well-thought-out overview of many of the practices and procedures within the project management arena. Powerful examples and charts are used to illustrate key topics that allows the reader to take the information and apply it in the modern-day world. Key topics include, but are not limited to: PERT, earned value management, procurement, managing the triple constraints and teamwork. Furthermore, this book will be a key tool for me when studying for the Project Management Professional (PMP) Exam. I highly recommend this book to anyone who wants to familiarize themselves with project management. From novices to experts in the field, everyone can benefit from the knowledge obtained from reading this book!

This is the book that every Project Manager should read. The book puts together key PM concepts in a context that makes sense and keeps you interested. Clear explanations and excellent examples connected to the real world. I applaud the author's approach to the topic!

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